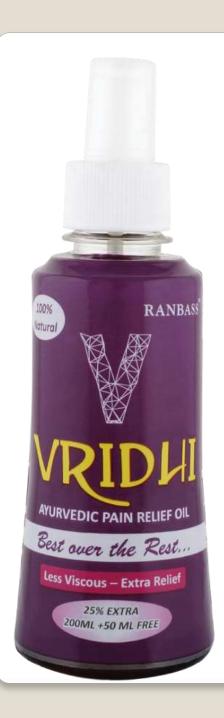


FOMENTATION PROCESS WITH

VRIDHI AYURVEDIC PAIN RELIEF OIL



STEPWISE PROCEDURE TO FOLLOW

Find EXTRA RELIEF.....



Initially take half bucket/big bowl of boiled water acceptable to the body





Take one clean Towel and and start FOMENTATION process which means to dip the towel in the water for about 5 sec







Now apply the towel to the affected part of the body & repeat the process for 10-15 minutes









VRIDHI... find your Re-birth



After cleaning the body apply VRIDHI AYURVEDIC PAIN RELIEF OIL & do gentle massage for about 3-5minutes



VRIDHI... find your Re-birth



After performing this activity take rest for at least 15-20 minutes





GET READY TO ACT BACK INTO ACTION



VRIDHI... find your Re-birth



HONOURED BY DOCTORS





HONOURED BY CHEMIST





HONOURED BY CUSTOMERS N PROMOTION





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